

110 METER HIGH HURDLES - MINNESOTA ALL-TIME

All-Time Best (Legal Wind): **13.58 Joshua Kyei-Baffour, Roch. Century 2025**

13.58 Joshua Kyei-Baffour, Rochester Century 2025
 13.66 Jon Tollefson, Saint Croix Lutheran 2015
 13.83 Blake Nyenati, Andover 2022
 13.85 Rick Schroeder, Owatonna 1981
 13.88 Riwan Alowonle, Park-CG 2012
 13.7 David Knutson, Fergus Falls 1975
 13.97 Jonah McCormick, Mahtomedi 2024
 13.98 Seth Johnson, Owatonna 2024
14.01 Lorenzo Hampton III, Fridley 2025
 14.02 Nick Lagos, White Bear Lake 2002
 (10)
 14.03 John Briesse, Park-Cottage Gr 1985
 14.04 George Jackson, Hopkins 2021
 14.06 Niles Deneen, SP Como Park 1994
 14.06 Isaiah Weston, St. Michael-Albertville 2016
 14.07 Henry Adams, Edina 2017
 14.10 Corbin Herron, Saint Peter 2024
14.11 Ezra May, Minnehaha Academy 2025
 14.12 Mike Hoven, Bemidji 1982
14.13 Barak Barner, Faribault 2025
 14.14 Trevon Clay, St. Paul Como Park 2015
 (20)
 14.14 Josh Sampson, Mounds View 2019
 14.15 Riza Mahmoud, Champlin Park 2001
 14.15 Rupert Bannerman-Thompson, Roseville 2004
 14.17 Bob Sobieck, Alexander Ramsey 1981
14.17 Deion Prolo, Winona 2025
 14.18 Vincenzo Milleer, Shakopee 2023
 14.20 Maki Whelan, Rosemount 2024
 14.23 Linton McPherson, Osseo 2024
 14.0 Dave Gaither, Wayzata 1975
 14.0 Mike Siskin, Wayzata 1977
 (30)
 14.25 Peter Asplin, Dassel-Cokato 2017
 14.26 Grantham Green, Rosemount 2023
 14.27 Jerome Begin, Buffalo 2011
 14.28 Laquone Robinson, Brooklyn Center 2008
 14.28 Jacob Johnson, Owatonna 2016
 14.30 Evan El-Halawani, Lakeville North 2017
14.30 Afanna Ibekwe, Anoka 2025
 14.31 David Allred, Minnetonka 2024
14.31 Max Miley, Maple Grove 2025
 14.32 Zach Vraa, Rosemount 2010
 14.32 C.J. Janu, Spring Lake Park/St. Anthony 2013
 (40)
 14.32 Taylor Rooney, Andover 2017
 14.33 Mitch Potter, St Michael-Albertville 1999
 14.33 Carter Holcomb, Rochester Mayo 2024
 14.1 Glen Snesrud, Bloomington Lincoln 1968
 14.1 Tom Johanson, St. Louis Park 1968
 14.1 Dean Gelineau, Two Harbors 1969
 14.1 Mike Frericks, Silver Bay 1977
 14.1 Luke Pfeifer, Frazee-Vergas 1996
 14.34 Lawrence Lipsey, Bloomington Kennedy 2004
 14.34 Alex Klein, Stillwater 2015
 (50)
 14.35 Peter Najarian, Mpls Central 1981
 14.37 Dan Bannister, Mpls North 1987
 14.37 Khalil Kaba, Edina 2024
 14.39 Jayme Pantekoek, Mankato West 1998
14.39 Davandre Campbell, Blake 2025
 14.40 Peter Stuart, Blaine 2001
 14.40 Austin Delaney, St. Louis Park 2008
 14.41 Eric Crabtree, New Ulm 1991
14.42 Otto Anderson, Alexandria 2025
 14.43 Sean Duling, Mounds View 2007
 (60)

14.43 Kevin Davis, Apple Valley 2012
 14.2 Bill McNee, Alexander Ramsey 1963
 14.2 Ralph Wirtz, Coon Rapids 1967
 14.2 Jed Larson, Buffalo 1967
 14.2 Scott Sharpe, Richfield 1968
 14.2 Jim Henry, St. Cloud Cathedral 1969
 14.2 Larry Leerson, Coon Rapids 1975
 14.2 George Csathy, Robbinsdale 1977
 14.2 Tony Spandl, Staples 1979
 14.2 Bill Sack, Waseca 1979
 (70)
 14.2 Scott Dillon, Anoka 1984
 14.2 Chris Rogan, White Bear Lake 1994
 14.44 Tony Asay, Hutchinson 1995
 14.2 Craig Fredrickson, Detroit Lakes 1996
 14.45 Antonio Smith, De La Salle 1988
 14.45 Matt Steele, Eden Prairie 1996
 14.45 Rob Hurst, Grand Rapids 1998
 14.45 Arick Steele, North Branch 2015
 14.46 Tim Meyer, Moorhead 1987
 14.46 Donovan Duncan, North St. Paul 2006
 (80)
 14.46 Jackson Walters, Brainerd 2012
14.46 Aaron Geiken, Farmington 2025
 14.47 Ben Ojika, Irondale 2013
 14.47 Alex Margo, Grand Rapids 2017
 14.47 Christopher Dean, Coon Rapids 2023
14.47 Brock Kajewski, Red Wing 2025
14.47 Isaiah Wilson, Simley 2025
 14.48 Kevin Wolf, Spring Lake Park/St. A. 2007
14.48 Owen Angell, Becker 2025
 14.49 Davis Eldridge, Eden Prairie 2015
 (90)
 14.49 Mitchell Wangler, Prior Lake 2017
 14.50 Peder Naatz, Wheaton 1986
 14.50 Connor McManamon, White Bear Lake 2019
 14.50 Sam Duffing, Hopkins 2021
 14.51 Paul Mallory, Fairmont 2008
 14.51 Rashad Cohen, Minnetonka 2012
 14.51 Matt Baker, Mounds View 2014
 14.51 Jayson Ekiyor, Providence 2021
14.51 Harper Dickinson, North St Paul 2025
 14.52 Fran Swenson, Robb Armstrong 1987
 14.52 Greg Stumbo, Moorhead 1990
 (100)
 14.52 Jackson Sloan, Eagan 2023
 14.53 Colin Paarmann, Mankato East 2011
 14.53 Jonathan Mann, Rosemount 2019
 14.53 Stephane Kone, Eden Prairie 2022
14.53 Christopher Hilton, Saint Charles 2025
 14.3 Byron Gigler, Moorhead 1961
 14.3 Dave Carlson, St Louis Park 1971
 14.3 Mike Jauss, Montevideo 1972
 14.3 Stuart Fox, Trimont 1975
 14.3 Jon Charlson, Frank Kellogg 1977
 (110)
 14.3 Mike Weiring, Tyler 1979
 14.3 Al Clark, Bloom Kennedy 1980
 14.3 Curt Brekke, Brooklyn Center 1981
 14.3 Kevin Constable, Hopkins 1982
 14.3 Harvey Wenderski, Rocori 1984
 14.54 Jim Lanigan, Coon Rapids 1990
 14.3 Erik Rosenkranz, Anoka 1991
 14.3 Steve Hentges, Irondale 1992
 14.3 Brad Piermantier, Park 1996
 14.3 Erik Thompson, Buffalo 2003
 (120)

14.54 Cody Walton, Forest Lake Area 2013
 14.54 Theodore Frid, South St. Paul 2015
 14.54 Grant Fuller, Edina 2017
 14.54 Arthur Perron, White Bear Lake 2022
 14.54 Corbin Herron, Saint Peter 2023
 14.55 Craig Graffunder, Fridley 1981
 14.55 Parc Williams, Zumbrota-Mazeppa 1993
 14.55 David Mayhew, Holy Angels 1997
 14.56 Dave Rarick, Rocori 1981
 14.56 Myles Witcher, Eastview 2013
 (130)
 14.57 Tom Johnson, Monticello 1986
 14.57 Rick Rose, Eden Prairie 1996
 14.57 Chris Fream, Mounds View 2001
 14.57 Marshall Davis, Stillwater 2011
 14.57 **Tyrese Behnken, White Bear Lake Area 2025**
 14.58 Tom Krieger, Austin 1979
 14.58 Jared Lazer, Sauk Rapids-Rice 2002
 14.58 Angus Stoudt, Minnetonka 2012
 14.59 Kirk Johnson, Mpls Central 1982
 14.59 Joe Kaczor, Grand Rapids 1995
 (140)
 14.59 Scott Ferguson, Alexandria 2000
 14.60 Matt Swenson, Bemidji 1988
 14.60 Charlie Lehman, United South Central 1998
 14.60 Joe Schneider, Detroit Lakes 2000
 14.61 **Lucas Ginskey, Owatonna 2025**
 14.62 Dan Sauferer, Lincoln 1978
 14.62 Aaron Larson, St. Paul Como Park 1985
 14.62 **Logan Swanson, Concordia Academy 2025**
 14.62 **Brant Blosser, United South Central/A-C 2025**
 14.63 Paul Burmeister, Rochester Mayo 1982
 (150)
 14.63 R.J. McGinnis, Burnsville 2005
 14.63 Collins Mokuah, Osseo 2019
 14.4 Dave Odegard, Mpls Washburn 1957
 14.4 John Stanley, North St Paul 1961
 14.4 Al Montgomery, St. Paul Washinton 1966
 14.4 Bob Campbell, Mankato 1966
 14.4 Dan Carpenter, Mpls Roosevelt 1969
 14.4 Bill Hunkins, St. Louis Park 1969
 14.4 Joe McPherson, Richfield 1969
 14.4 Andy Urech, Irondale 1970
 (160)
 14.4 Jerry Johnson, Moorhead 1971
 14.4 Greg Schmidt, Alexander Ramsey 1972
 14.4 Jeff Hawkins, Elk River 1973
 14.4 Larry Raddatz, South St Paul 1973
 14.4 John Goedeke, Frank B Kellogg 1976
 14.4 Kary Bowser, Mpls Roosevelt 1977
 14.4 Todd Elmquist, North St Paul 1977
 14.4 Eric Erwin, Elgin-Millville 1977
 14.4 Jon Kozlowski, Pipestone 1979
 14.4 Rick Steblay, Elk River 1979
 (170)
 14.4 Craig Krupke, Elk River 1984
 14.4 Erik Johnson, Minnehaha Academy 1985
 14.4 Dan Feely, Stillwater 1986
 14.4 Jim Fuqua, Mounds View 1987
 14.64 Matt Arbeiter, Shakopee 1989
 14.4 Scott Gilbert, St Louis Park 1999
 14.4 Jaronne Williamson, Park Center 2000
 14.4 Kent Anderson, Atwater-Cosmos-Grove City 2002
 14.4 Craig Dahl, Mankato East 2003
 14.4 Eric Asfeld, Wadena-Deer Creek 2006
 (180)

14.64 Dan Fragodt, Benson/K-M-S 2007
 14.64 Keenan Stangl, Buffalo 2009
 14.65 Dan Hauer, Perham 1982
 14.65 Matt Reeve, Fairmont 2007
 14.65 Caden Turner, Waconia 2018
 14.65 David Myres, Becker 2019
 14.66 Mark Jacobson, Park Rapids 1996
 14.66 Mike O'Keefe, St Thomas Academy 1997
 14.66 Andrew Aakre, Stephen-Argyle Central 2000
 14.66 Joey Hibben, Waconia 2004
 (190)
 14.66 Blake Strouth, Alexandria 2004
 14.66 Nick Spaeth, Montevideo 2007
 14.67 Ryan Melena, Mounds View 1999
 14.67 Adam Barnett, Staples-Motley 2002
 14.67 Seth Aho, Dassel-Cokato 2013
 14.67 Grant Mosser, Lakeville South 2015
 14.67 Reid Pierzinski, Pequot Lakes 2017
 14.67 Henry Weisman, Chanhassen 2017
 14.67 Joshua Thomsen, Mounds View 2019
 14.67 Ryan Gregory, Owatonna 2022
 (200)
 14.67 Tayven Peterson, Mora 2023
 14.68 Maceo Wright, Burnsville 1998
 14.69 Scott Hall, Robb Armstrong 1989
 14.69 Jon Munson, Park Center 1990
 14.70 Soliman Sayedi, Burnsville 2001
 14.70 Cody Evers, Proctor 2024
 14.70 **Grayson Gibson, Morris Area/Chokio-A 2025**
 14.70 **Caleb Monseth, St Michael-Albertville 2025**
 14.71 Franz Deters, Caledonia/Spring Grove 1998
 14.71 P.J. Nelson, Grand Rapids 2003
 (210)
 14.71 Drew Feuk, New Prague 2008
 14.71 Nick Martin, Wayzata 2012
 14.71 **Wyatt Genelin, LeSueur-Henderson/MNCS 2025**
 14.72 Dave Mickelson, Hutchinson 1980
 14.72 Carter Johnson, Owatonna 2022
 14.73 James Kent, Apple Valley 1997
 14.73 George Edwards, Rosemount 2005
 14.73 Matt Warhol, Andover 2005
 14.73 Emeche Wells, Roseville Area 2012
 14.73 Jay Alexander, Champlin Park 2012
 (220)
 14.73 Drake Daniels, Wayzata 2019
 14.73 Zach Henke, Brainerd
 14.5 Bob Palmer, St. Paul Park 1967
 14.5 Phil Hallstrom, Mora 1969
 14.5 Chuck Miller, Brainerd 1970
 14.5 Craig Thauwold, Preston 1970
 14.5 Steve Johnson, Robbinsdale 1970
 14.5 Kevin Sauter, Benilde 1970
 14.5 Bob Jappe, Tracy 1971
 14.5 Dave Grinaker, Moorhead 1973
 (230)
 14.5 Jeff Anderson, SP Harding 1973
 14.5 Al Waller, Grand Rapids 1973
 14.5 Scott Van, Henry Sibley 1974
 14.5 Al Lindberg, Mounds View 1974
 14.5 Tim Luczak, Dul Denfeld 1974
 14.5 Pat Sell, St Cl Apollo 1975
 14.5 John Ederer, Orono 1975
 14.5 Chuck Lowell, White Bear Lake 1977
 14.74 Jon Ritter, Wayzata 1978
 14.5 Randy Christopherson, Marshall 1978
 (240)

14.5 Steve Schlangen, LaCrescent 1978
14.5 Steve Pullens, Golden Valley 1979
14.5 Steve Killen, Owatonna 1979
14.5 Terry Babler, Borup 1979
14.5 Jim Luff, Chisago Lakes 1983
14.5 Steve Quenette, Moorhead 1984
14.5 Brad Charchenko, Stillwater 1988

14.5 Matt Muyres, Bloomington Jefferson 1990
14.5 Jon Acheson, Rocori 1992
14.74 Steve Walsh, Bloomington Jefferson 2000
14.5 Mike Williams, St. Cloud Tech 2002
14.74 Isiah Thompson, Detroit Lakes 2019
(252)

11/12/25